

RACE DETAILS AND RULES

- **Race Fees:** \$25 per team
- **Race Date:** Sunday, January 29th
- **Entry Deadline:** Wednesday, January 25th

RACE SCHEDULE

- **10:00 am -- Registration**
- **11:00 am – Beds on Public Display:** Prior to the official “A Fast Winter’s Nap” Bed Race, all beds will be on display along the sidewalks of Downtown Port Huron for the general public to see. At this time all beds will be officially reviewed and awarded style points by a panel of Chilly Fest Sleepy Headed Judges.
- **12:00 pm --“A Fast Winter’s Nap” Bed Race State Time:** Teams compete head to head, in entry category. The teams will be timed and best overall time will win that division. The winning team of each race division will be awarded a first place prize following the completion of all races.

RULES

- **Team:** Each team will be made up of 5 people
- **Bed Clothing:** All members of each team will wear some form of PJ’s during the race.
- **The Sleeper:** There must be at least one sleeper on the bed at all times during the race.
- **Pushing the Bed:** All members of the team must be in contact with the bed at all times, except during the exchange of the Sleeper.
- **The Exchange:** During the half-way mark of the race, the sleeper must exchange place with one of the bed pushers.
- **Dirty Tricks:** The use of distraction devices such as megaphones, whistles, silly string, etc. are approved for use. All such devices must be used in a respectful manner and not to harm or degrade participants and/or the audience. WATER IS NOT PERMITTED.
- **Race Course:** The starting line will be on Quay Street at the intersection of Michigan and Quay. The finish line will be just before Merchant and Quay.
- **Who Wins:** The judge’s decisions are final. No whining, please. There will be children present, so we want to always set an example of good sportsmanship.
- **NOTE:** Your safety is very important to us. Please wear good running shoes. Accidents may occur such as falling down on pavement, scrapes, bruises, tripping, collisions, etc. Safety gear to avoid such hazards is recommended.



BED CONSTRUCTION

- The frame of the race bed does not need be of an original bed, but it must mimic a real bed in appearance by having a headboard and footboard.
- Beds are to have minimum of four wheels, so situated to make the bed stable and safe. Wheels of any size may be used. You may have swivels, steering or permanently fixed wheels. Hint: fixed wheels are more than adequate.
- The bed cannot have any means of propulsion or breaks other than provided by the runners. Human power only. No motors or animal power will be allowed.
- Beds may not be pulled, only pushed from the sides and/or back.
- The bed may have push bars, though may not exceed the overall width of the bed.
- The mattress and/or box spring must be a manufactured adult sized bed, i.e. twin, double, queen or king. The minimum mattress/box spring dimensions must be no smaller than 35"x71". This will be strictly enforced. No youth beds, cribs, coffins. Do we really need to say more?
- Mattress must be outfitted with at least one blanket and one pillow.
- Any violations of the bed construction guide will cost a team a 3 second delay at the start, per violation.

Information Contact: Korissa Kramer, korissak@gmail.com or 810-531-4090.

